



# ***SKATING CLUB OF AMHERST***

## ***Policies and Rules of Conduct***

The rules of conduct listed below have been established by the Skating Club of Amherst to ensure the safety of all skaters. These rules will be strictly enforced by the ice session monitors, the coaches, and the Board of Directors. However, these rules not all-inclusive. If, at any time, a coach, Board member, or ice monitor sees something that they deem is an unsafe situation, they have a right and a responsibility to ask that person to stop the activity. A failure to adhere to the request may result in the person being asked to leave the ice for the remainder of the session without refund. A serious violation may be referred to the Board of Directors for further action.

**Upon receipt and acceptance of club membership, it is understood and agreed that you will abide by the SC of Amherst Policies and Code of Conduct.**

PLEASE NOTE: The hockey team boxes are designated as "Skaters and Coaches Only". Skate bags should be left in the locker rooms. However, if you have something of value, you may leave it in the team box. This policy does not apply to the Learn-to-Skate program.

### THE FOLLOWING IS EXPECTED:

1. Coaching by parents from rinkside, the bleachers, or rink doorways is not allowed at any time. Parents will be asked to leave the rink if this happens.
2. All skaters and professionals will extend the right-of-way to a skater doing a program. The skater doing his/her program will do so with caution. A person in an established spin takes precedence over a person on program.
3. Skaters or coaches should not monopolize any one area of the ice (ex. one of the circles or lines). Rink corners are frequently used for jumps so please keep these areas clear. Spinning should be done in the center of the ice.
4. All skaters are required to wear a vest while skating their program.
5. Skating while wearing headphones or while holding any electronic devices (ex. cell phones, iPods) is not allowed.
6. The skating of Intermediate, Novice, Junior, and Senior Moves is not allowed on any Open Freestyle session. The skating of Pre-Silver or higher level ice dance is not allowed on any Open Freestyle session.
7. The videotaping of any skater other than your own skater is absolutely prohibited.
8. If skaters need to talk to someone off the ice, even if for a brief time, they need to get off the ice to do so.
9. All skaters and coaches must clear the ice immediately when it is announced – no exceptions.

### THE FOLLOWING WILL NOT BE TOLERATED AT ANY TIME:

1. NO KICKING THE ICE OR THE BOARDS
2. NO SWEARING; NO STOMPING ON THE ICE; NO THROWING THE PROGRAM VEST
3. NO EATING, DRINKING, OR CHEWING GUM IS ALLOWED ON THE ICE.
4. ONLY WATER BOTTLES ARE ALLOWED ON THE BOARDS (No coffee, purses, cell phones, iPods, etc.)
5. NO UNSPORTSMANLIKE BEHAVIOR ON THE ICE (for ex. name calling or making negative comments about another skater).
6. NO STANDING AND SOCIALIZING ALONG THE BOARDS
7. NO PAIRS SKATING OR SYNCHRONIZED SKATING ON A FREESTYLE SESSION