



SKATING CLUB OF AMHERST

SCA Covid-19 Guidelines

Please read these guidelines carefully and make sure that you and your child fully understand what is now expected in order to skate with the SC Of Amherst.

Members who do not adhere to these rules may be asked to leave the rink.

The Skating Club of Amherst is committed to continuing our skating sessions but **MUST** ensure the safest environment to do so. As such we remind you of the following requirements:

- All University of Massachusetts, State of Massachusetts, and local guidelines will be followed.
- Face masks (fully covering the mouth and nose) are required for all individuals over the age of 2 while inside the Mullins Center even when on the ice. This applies to both vaccinated and unvaccinated individuals.
- Individuals should maintain proper social distancing whenever possible. No congregating on or off the ice at any time.
- Whenever possible, limit the number of individuals coming to the rink to just those enrolled in our program and one parent or guardian
- Only skaters and coaches will be allowed in the team boxes.

Anyone entering the rink **MUST** perform a symptom self-check. This self-check **MUST** be performed **EACH TIME** you come to the rink. You **SHOULD NOT** come to the rink if you answer **YES** to any of the following questions:

- Do you have a **FEVER** (temperature over 100.3F) without having taken any fever-reducing medication?
- Do you have a **LOSS** of **SMELL** or **TASTE**?
- Do you have **MUSCLE ACHES**?
- Do you have a **SORE THROAT**?
- Do you have a **COUGH**?
- Do you have **SHORTNESS OF BREATH**?
- Do you have **CHILLS**?
- Do you have a **HEADACHE**?
- Do you have **GASTRONINTESTINAL SYMPTOMS** such as nausea, vomiting, diarrhea, loss of appetite?
- Have you been in close contact with someone diagnosed with COVID-19 or been placed in quarantine for possible COVID-19 close contact?
- Have you been asked to self-isolate or to quarantine by a medical professional or a local public health official?

If we work together, we can keep the Skating Club of Amherst sessions as safe as possible!